

2 TIMOTHY

CHAPTER 1:7-12

What's your most embarrassing story? Mine is from my first day of college. Somehow when I went to the toilet at the beginning of the lunch break, I got the toilet freshener block attached to the back of my trousers and walked around the campus and common room for the next 1-2 hours. I've no idea how many people saw it but it still makes me cringe today.

Everyone gets embarrassed sometimes, most of the time like my example it ends up being a funny story. Sometimes when we feel ashamed or embarrassed it's because we feel like we've let ourselves down or that people are looking down on us. It might be for something we have done or it may be because we don't have the latest trainers or phone.

Paul was someone who was unashamed. He wasn't ashamed of his faith in Jesus or the things he said about Jesus even though it meant he was often put in prison. He knew Jesus and so would never be ashamed of him.

The second letter to timothy is written from prison and in it he urges Timothy not to be ashamed of the message of Jesus or that Paul is in prison. He says in verse 7 that the spirit of God doesn't make us timid, but gives us power and makes us bold. So we need not be ashamed but instead bold in telling people about our friendship with Jesus. If we value more what God thinks about us than what other people think we are on the right track.

SONGS

I'M NOT ASHAMED
DELIRIOUS

JESUS FREAK
DC TALK

**CONCENTRATE ON DOING
YOUR BEST FOR GOD,
WORK YOU WON'T BE
ASHAMED OF, LAYING OUT
THE TRUTH PLAIN AND
SIMPLE.**

2 TIMOTHY 2:15